

County of San Diego

NICK MACCHIONE, FACHE

WILMA J. WOOTEN, M.D., M.P.H. PUBLIC HEALTH OFFICER

BRUCE E. HAYNES, M.D. MEDICAL DIRECTOR

HEALTH AND HUMAN SERVICES AGENCY

PUBLIC HEALTH SERVICES HEALTH SERVICES COMPLEX

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6255 Mission Gorge Road San Diego, CA 92120 (619) 285-6429 Fax: (619) 285-6531

Medical Director's Update for Base Station Physicians' Committee January, 2014

Four people from our EMS system were honored at the state EMS Authority awards ceremony in December. **Ennis Jackson** of AMR received a Community Service Award for his community work on drugs, alcohol and distracted driving. Ennis's involvement resulted from a personal tragedy, but makes his work all the more important. **Jym Bridger** of El Cajon Fire was given a Community Service Award for his bicycle helmet program and stash charity drive for children. Jym now resides in Canada. **Chris Van Gorder** the CEO for Scripps Healthcare was given a Distinguished Service Award for his support and work on disaster preparedness in California over many years. **Dave Austin** of AMR also received a Distinguished Service Award for his years of work and leadership in the state EMS system. Join us at EMS in congratulating these honorees for their part in the EMS system and especially our patients.

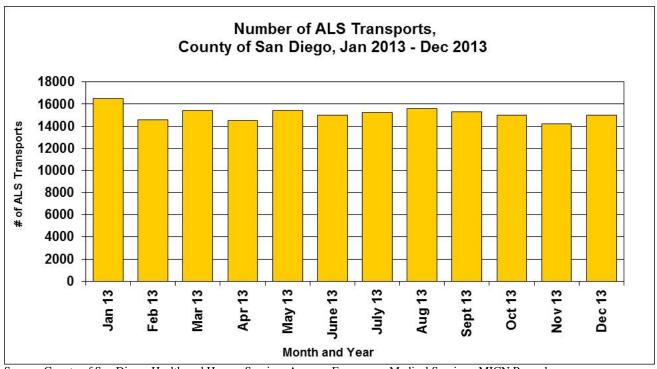
The flu season has hit over the last week or two. Surveillance showed ED visits rose in the third week in December, especially for patients with fever, GI illness, and respiratory complaints. In terms of influenza illness, detections of influenza or influenza like illness rose above expected for the week ending 1/11/14. Six influenza-related deaths were reported. The predominate strain is H1N1, which is in the vaccine this year. The system has been busy. The San Diego County Medical Society GERM commission believes acuity of illness for patients seen with the flu this year is high in numerous cases.

The Capacity Plan was distributed through the system. This will guide us as things become busier and we need to advance through the Levels outlined in the plan. Review the plan.

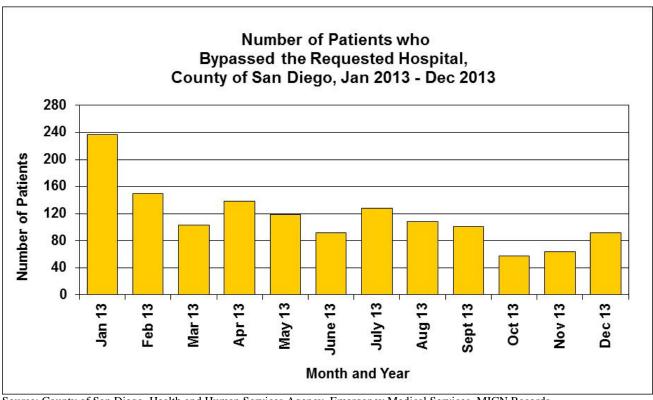
Love your Heart will take place on February 14, Valentine's Day. EMS venues across the County will set up to take blood pressures and remind people to "know their numbers" for risk factors for cardiovascular disease. If you are interested in sponsoring a site, contact EMS.

This year's Sidewalk CPR will take place on June 5. This event briefly trains the public in compression only CPR, seeking to increase bystander CPR in cardiac arrest. Contact EMS if you want to sponsor a site. This is a rewarding program in which to take part.

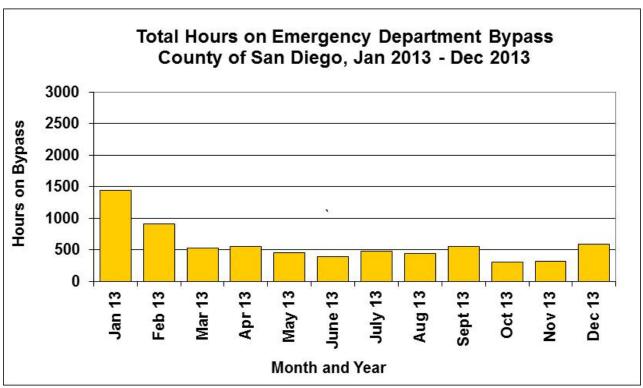
Pulse Point is a tool for bringing CPR to victims of sudden cardiac arrest. Persons volunteering to participate and adding an App to their mobile telephone are notified of cardiac arrest dispatches in their location, so they may respond and be aware of an AED on site.



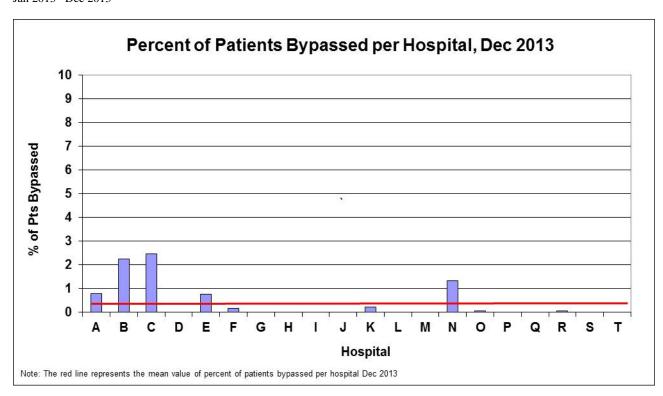
Source: County of San Diego, Health and Human Services Agency, Emergency Medical Services, MICN Records, Jan 2013 –Dec 2013 Note: Numbers based on Run Outcomes of Transport by Unit and Transport by Other



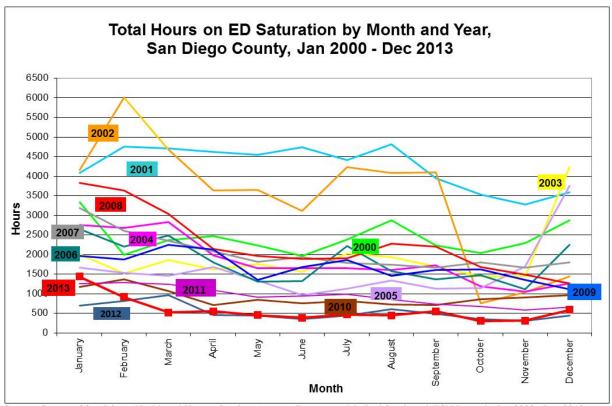
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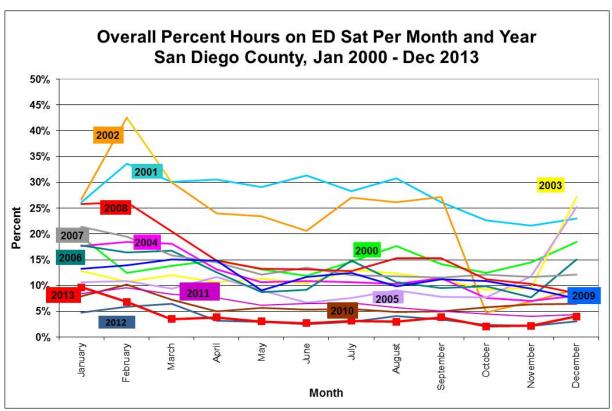
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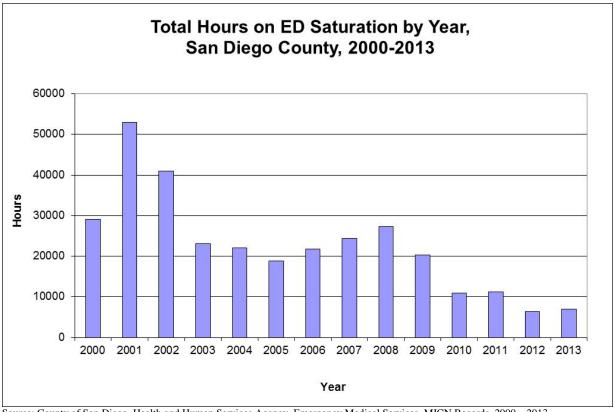
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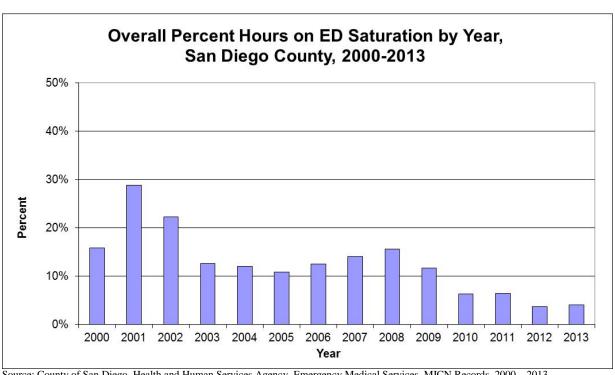
Source: County of San Diego, Health and Human Services Agency, Emergency Medical Services, MICN Records, Jan 2000 - Dec 2013



Source: County of San Diego, Health and Human Services Agency, Emergency Medical Services, MICN Records, Jan 2000 –Dec 2013



Source: County of San Diego, Health and Human Services Agency, Emergency Medical Services, MICN Records, 2000 – 2013



Source: County of San Diego, Health and Human Services Agency, Emergency Medical Services, MICN Records, 2000 - 2013